FIVE-DAY ACCESS + FIT CHECK

Use five days to explore Workbench and make something that shows how you think, make, research, or communicate.

Choose one fit check. None is required. One thoughtful response is enough; additional work is welcome, never expected.

START HERE

Sign in to workbench.themmaadd.org with the same Gmail address used for your fellowship application. Try a few tools, then choose the option that feels most natural to you.

HOW WE ASSESS	Judgment, clarity, research care, usefulness, and follow-through — not polish or prior experience.
TOOLS	Use Workbench or no-cost public tools such as Google Docs, Slides, Drive, or similar tools. Canva is not required.
BEST EFFORT	Partial work is welcome. Log bugs, access problems, and tool issues in Workbench sticky notes as you go.

SUBMIT BY 30 SEPTEMBER 2026

make one useful thing.

Pick the option that best matches your strengths. One completed fit check is enough.

FIT CHECK 01

COMMUNITY AI EXPLAINER

Create a friendly English + Nigerian Pidgin explanation of AI for children and families.

YOU COULD MAKE

A 4-slide story, a 2-minute audio conversation, a short animation, or a small image set.

SIMPLE PATH

Choose an age group. Explain where AI appears, one benefit, and one concern. Keep it simple enough for a child to explain back.

> KEEP IN MIND Clarity matters more than production value.

FIT CHECK 02

AI TRAINING FOR WOMEN'S COMMUNITY GROUPS

Make a beginner-friendly lesson using one AI tool for an everyday task.

YOU COULD MAKE

A 5-slide lesson, a one-page guide, a short screen recording, or three copyable prompts.

SIMPLE PATH

Choose one repeatable outcome: a flyer, customer message, market question, or meeting plan. Show what to click, type, and check.

> KEEP IN MIND Teach one useful outcome — not an entire tool.

CHOOSE A FIT CHECK

research, interpret, or organize.

You can work in a document, slides, audio, images, or video. Keep sources and assumptions clear.

FIT CHECK 03

RESEARCH + PARTNERSHIP INTRODUCTIONS

Research two women-led U.S. enterprises of African descent and identify a possible Birthright fit. Draft outreach for practice only - do not send it.

YOU COULD MAKE

Two concise profiles with source links, a short fit note, and a respectful draft introduction.

SIMPLE PATH

Verify location, ownership, and current leadership. Identify one realistic connection to Birthright work. Separate verified facts from assumptions.

> KEEP IN MIND Two well-sourced profiles are enough.

FIT CHECK 04

REIMAGINE A STOLEN COLONIAL ARTIFACT

Choose one well-documented African cultural artifact and create a clearly labelled contemporary interpretation.

YOU COULD MAKE

A source note plus 1-3 concept images, a simple 3D interpretation, a short slide deck, or a brief video.

SIMPLE PATH

Use museum records and reliable sources. Explore return, repair, missing context, or future community use.

> KEEP IN MIND Do not present generated work as a historical reconstruction. Credit sources.

CHOOSE A FIT CHECK

build a small media kit - or submit what you have.

One fit check is enough. If you begin another one, send it only if it adds something meaningful.

FIT CHECK 05

COMMUNITY ACTION MEDIA KIT

Help a community group explain one local issue and invite a realistic next step.

YOU COULD MAKE

A short issue note plus 3 mobile graphics, a 3-slide deck, a 45-second video, or English + Pidgin voice notes.

SIMPLE PATH

Confirm the issue with the group where possible. Use one message, one audience, and one practical action. Verify all dates, numbers, and service claims.

> KEEP IN MIND Focus on usefulness for the group, not a finished campaign.

HOW TO SUBMIT

Submit by 30 September 2026. Send whatever you were able to make - one thoughtful fit check is enough.

PACKAGE	Put each fit check in its own ZIP file. Name it: assignmentname_fname_lastname_submissiondate Example: communityaiexplainer_ada_okafor_20260928.zip
LARGE FILES	Use a ZIP file for large media. A Google Drive link is welcome if attachments are too large; set sharing so anyone with the link can view.
EMAIL	Send to mmaadd@thebirthrightproject.org Subject: MMAADD FIT